

Community HeartBeat

JUNE 2015

AS OF MAY 2015,
PARENTS OF NEWBORNS
ARE TREATED TO A
ROMANTIC STEAK DINNER



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HICS
ACTIVATED

NEW
PROVIDERS

MOTHER'S DAY
BABY RECEIVES QUILT

 **Thayer County
Health Services**
Quality Healthcare... Close to Home



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In June, Thayer County Health Services will say good-bye to two members of its executive staff that have been instrumental in the success of our facility. Although it will be hard to fill their shoes, they have both done a great job of training their staff to take over without missing a beat.

Cameron Meyer has worked as the Chief Financial Officer (CFO) since December 2013. Previously he was the CFO for a charter school district in Kansas City, Missouri. Cameron is leaving to take over his father's position at Bayer CropScience in Kansas City.

We want to wish Cameron and his family the best as they make plans to start this new chapter in their lives.

Sue Moore has been the Chief Nursing Officer (CNO) since March of 2007. Prior to coming to our facility, she was at the Nebras-

ka Heart Hospital in Lincoln. For the past nine years, Sue has provided strong leadership throughout the many changes taking place at Thayer County Health Services. She was instrumental in the facility's conversion from paper medical records to 100% electronic in all departments. This led to Thayer County Health Services receiving national recognition for its accomplishments in Electronic Health Information.

Sue is leaving Thayer County Health Services to take a CNO position at Coteau des Prairies Hospital in Sisseton, South Dakota. This move will allow her husband Mark to pursue his dream of a career in the field of avionics. Thayer County Health Services wishes them much success as they begin their new adventure.

~Mike Burcham



Angie Albert,
PMHNP
Behavioral Health

Thayer County Health Services recently welcomed Angie Albert to our medical staff. She will be providing patient and family counseling.

Angie grew up in Belle Plaine, KS where she enjoyed the rural setting, close community, and visiting her grandparent's farm.

She has degrees in art and science, in addition to her nursing degrees. Angie's graduate degree as a Family Psychiatric Mental Health Nurse Practitioner was obtained at the University of South Alabama; and her BSN was obtained from Southwestern Oklahoma State University.

Angie's practicum experience at the graduate level includes inpatient work at The Laureate Institute for Brain Research in Tulsa, OK where she cared for geriatric clients. Practicum experience in an outpatient setting was obtained at Shadow Mountain Behavioral Health System and the private practice of Dr. Ripperger and Associates. Through those she saw children, adolescents and adults.

She has prior experience as a family nurse practitioner at Healthy Families where she saw clients of all ages. She has also worked as an RN in a hospital medical surgical unit and also as a psych RN in geriatrics.

She decided to return to psych nursing because that was what she enjoyed most. During that time, Angie worked in child, adolescent, and dual diagnosis, along with geriatric psych. She then decided to return to school and obtained her MSN in psych nursing to become a PMHNP.

In her spare time, Angie enjoys getting together with family and friends. ♥

Our SERVICES

PATIENT SERVICES

- Acute Care
- Behavioral Health
- Cardiology Clinic
- Cardiac Rehab
- Cataract Surgery
- Childbirth Classes
- Diabetes Education
- Dietary Counseling
- Ear-Nose-Throat
- Foot Clinic
- Good Beginnings
- Home Health
- Immunization Clinic
- Labor and Delivery
- Laboratory
- Newborn Care
- OB-GYN
- Observation Care
- Obstetrics
- Occupational Therapy
- Ophthalmology
- Orthopedic
- Physical Therapy
- Podiatry
- Pulmonary Rehab
- Speech Therapy
- Surgery
- Swing Bed
- Urology Clinic
- Vascular Clinic
- Wellness Program
- Wound Clinic

DIAGNOSTIC

- Bone Densitometry
- CT Scan
- Doppler
- Echo
- Mammography
- MRI
- Nuclear Medicine
- Pet Scan
- Pulmonary Function Test
- Sleep Study
- Stress Testing
- Ultra Sound

HICS ACTIVATION & TEAM RUBICON



Due to the severe weather and flood damage in the area, TCHS activated their Hospital Incident Command System (HICS) on Thursday, May 7.

TCHS worked closely with Thayer County Emergency Management and news outlets to make sure patients and members of the community had the most up-to-date information.

While the hospital itself had very little damage, vehicles trying to access the hospital had to be re-routed due to flooded bridges and washed-out roads.

Kate Burd, Jeannie Wiedel, Susan Linton, and Carla Bowman took the time to call patients with specialty appointments that day and get them rescheduled as quickly as possible.

On May 13 and 14, several hospital employees offered to help feed the volunteers from Team Rubicon that were in the area helping resi-

dents clean up from the storm.

Team Rubicon (www.teamrubiconusa.org) was started by two former Marines as an international medical response after the horrific earthquake in Haiti in January of 2010. They were able to treat patients in camps that were considered 'too dangerous' by other aid organizations.

Now headquartered in California, Team Rubicon unites the skills and experiences of military veterans with first responders to rapidly deploy emergency response teams - at no cost to the recipients. They are setup nationwide and aid in clean-up after domestic disasters as well.

After members of their team found out about the storm, Team Rubicon contacted Thayer County Emergency Manager Bill McPherson to come take a closer look at the damage.

They then compiled the necessary equipment and volunteers to activate a team to the area.

TCHS appreciates all their hard work to help our county residents as they continue to clean up after the storm. ♥



Foundation FOR TCHS

For more information about The Foundation for Thayer County Health Services, contact:
Rita Luongo at 402-768-4636
or rluongo@tchsne.org



TCHS IS TOBACCO & SMOKE FREE

Patients may have noticed new signs at the entrances of the hospital. While TCHS has been smoke free for quite some time, as of January 1, 2015, TCHS and all properties, including clinics and parking lots, are also smoke free. This includes smoking in personal vehicles while parked in any of our parking lots.

We appreciate your cooperation to our commitment to wellness and a clean air environment for all patients, families, visitors, employees, volunteers, and medical staff. ♥

LEANN HEINRICHS, FP/OB TO START IN OCTOBER

TCHS is happy to announce another new addition to our providers.

Dr. Leann Heinrichs will be joining Thayer County Health Services this October providing full scope family medicine services. Dr. Heinrichs has a special interest in Obstetrics and Gynecology, Pediatrics and Preventative Medicine. She is also trained in cesarean sections, endoscopy, and other minor procedures.

Dr. Heinrichs grew up on a family farm outside of McCool Junction. She is a 2004 graduate of McCool Junction High School and was accepted into the Rural Health Opportunities Program at Wayne State College. She graduated summa cum laude

QUILT PRESENTED TO TCHS MOTHER'S DAY BABY

Each year, the Thayer County Quilt Guild presents the baby born closest to Mother's Day with a beautiful hand-made quilt.

This year's quilt, made by Anita Koester, Shirley Rippe, and Joanie Meyer, was presented by Ranae Vorderstrasse to baby John Wayne and his parent's Natalie and Jeremy of Fairbury.

After receiving their quilt, Natalie and Jeremy were treated to a



steak supper by TCHS.

A "romantic supper for two" is now offered to parents the evening before they leave the hospital. ♥

in 2008 with High Honors

upon completion of the John G. Neihardt Scholars Program and her nationally recognized research project. She also received two Bachelors of Science degrees in Biology and Chemical Health Sciences. She earned her Doctorate of Medicine from the University of Nebraska Medical Center (UNMC) in Omaha in 2012. From there, she was accepted into the Accelerated Family Medicine Residency Program at UNMC and is currently completing her training. You may even see Dr. Heinrichs



around the hospital in June while she is here finishing her residency rotations.

Leann's husband, Landon currently farms near Carleton. They have two boys, Laiden, almost 4 years old and Laik, 21 months old. When they are not on the road between Omaha and Carleton, they enjoy outdoor activities and attending community events together.

Dr. Heinrichs stated, "I am very excited to be joining the TCHS team. The professional staff and friendly environment made Thayer County Health Services an obvious choice for me. It is a wonderful practice opportunity, but equally as important, a great fit for my family. We look forward to becoming part of a new community." ♥

BIKE RACKS

NOW AVAILABLE

As of May, TCHS has two bike racks available for anyone who rides their bicycle to the hospital. One is available on the lower level at the north side entrance. The other will be near the front entrance. TCHS wants to encourage its employees, volunteers, and patients to ride their bikes whenever possible. ♥



GUILD & FOUNDATION AWARD SCHOLARSHIPS

Each year, the Foundation for TCHS and the TCHS Hospital Guild award up to four \$500 healthcare scholarships. The purpose of the scholarships is to provide financial assistance to eligible students or adults interested in a career in healthcare.

Applicants must be either a high school senior attending school in Thayer County or a non-traditional student who is currently residing or working in Thayer County and enrolled or accepted into a healthcare program or college.

This year's recipients are ReBecca Taylor, Jayden Otto, and Richelle Luongo.

ReBecca Taylor of Alexandria graduated from Meridian High School in May and is enrolled in the nursing program at Southeast Community College.



Jayden Otto, Bruning, graduated from Bruning-Davenport High School in May and is enrolled in the Athletic Trainer program at Nebraska Wesleyan University.



Richelle Luongo, Hebron, is the recipient of the Carol Deepe Memorial Healthcare Scholarship. She is currently in the nursing program at the University of Nebraska Medical Center in Omaha and will graduate with a Bachelor of Science in Nursing in May 2016. ♥



get to know our DEPARTMENTS

IT Department

This issue features Thayer County Health Services' I.T. Department. The Department is made up of Dan Engle, Darin Jalas, and Kalen Betten.

As the I.T. Director, Dan has been with TCHS for 11 years, Kalen is in his second year, and Darin has been with us for over 6 months.

Their duties include maintaining the network, systems, and infrastructure that operates the software and hardware for the various departments at the Hospital and Clinics. While they do not directly use all the software, they work closely with the TCHS staff and vendor support to help ensure functionality and improve patient care.

The I.T. team works on several hundred devices, their connectivity and security in the TCHS facilities.

They are constantly working to improve efficiency while complying with the latest regulations and laws.

The I.T. department has some one available 24/7/365 and they share taking on-call reception for the staff.

There are a great deal of changes going on with the new Data Center install, as well as the network infrastructure upgrade, and the potential upcoming software change. It takes a great deal of patience to work with technology and even more so to try to stay current.

Dan added, "TCHS has a very talented and skilled staff that has been able to succeed and we in I.T. really enjoy the challenges and working with all of them here!" ♥



left to right:
Dan Engle
Darin Jalas
Kalen Betten

Guild FOR TCHS

Things and Stuff Shop Hours:
Wed. - Fri. 9:00 a.m. - 4:30 p.m.
Sat. 9:00 a.m. - noon

HOSPITAL
Thayer County Health Services
GUILD



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FUN RUN
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ECRWSS
POSTAL CUSTOMER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5 9 am - Hebron Golf Course FOUNDATION FOR TCHS GOLF TOURNAMENT	6 9 am - Hebron Airport NEBRASKA FLY-IN VISIT THE TCHS BOOTH!
7 Cancer Survivor's Day	8	9	10	11 NURSING ASSISTANT WEEK	12 REGISTRATION FOR 4TH OF JULY FUN RUN DUE!	13
14 NURSING ASSISTANT WEEK	15 MEN'S HEALTH WEEK	16	17	18	19	20 7 am - Peace Lutheran - Deshler DESHLER DAZE RUNNING WILD 5K/10K
21 Father's Day	22	23	24 9 am - Bruning Room HOSPITAL GUILD BOARD MEETING TCHS BOARD MEETING	25	26	27
28	29	30	 			