

# COMMON QUESTIONS

## CARE

Our team is focused on helping you gain your independence. As a Swing Bed patient, you'll be encouraged to do as much as you can for yourself.

## DOCTORS VISITS

The doctor will visit you each week or if a need arises. Your physician will bill you directly for those visits.

## CLOTHING

We expect you to wear your own clothes, and we ask that family members provide personal laundry service.

## ACTIVITIES

We expect you to take part in a variety of daily activities to enhance and help you achieve your independence. You will be given an activities calendar and a list of available activities upon admission to the program. If there are other activities that you enjoy, they may be brought in from home. Please talk with a member of your care team before you bring them in.

## MEALS

Optimal nutrition is important in recovery and continued good health. Meals will be similar to those you received during your acute care stay. The dietitian will work with you and your doctor to design a meal plan based on your needs and your food preferences. Swing Bed patients are encouraged to take meals together outside of their rooms.

## TEMPORARY LEAVES

It may be possible to leave the hospital for a few hours. Please contact a member of your care team. He or she will talk with your physician about a pass.

## FAMILY/PATIENT SERVICES

A social worker will visit regularly to assist you if you are experiencing any difficulties with financial, emotional, or social problems. They will also assist you in setting up appropriate services for discharge.

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## Our Mission

*Together with the citizens of Thayer County, we shall work to improve the health of our region by providing high quality, compassionate healthcare close to home.*

 **Thayer County  
Health Services**

*Exceptional Health... Close to Home*



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## SWING BED PROGRAM

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 **Thayer County  
Health Services**

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# THAYER COUNTY HEALTH SERVICES SWING BED PROGRAM

At TCHS, we understand there are times when a patient no longer needs the acute care they first received in the hospital - yet they may not feel strong enough to return home. For those patients, we offer our Swing Bed Program.

## *The Swing Bed Program*

Swing Bed or Certified Skilled Nursing is a level of care that provides patients with skilled nursing services or skilled rehabilitation services. Both levels of care are performed under the supervision of a registered nurse, and a licensed physical, occupational, or speech therapist. Daily skilled services are provided on an inpatient basis.

Our Swing Bed Program is certified in accordance with federal, state, and local regulations. Patients may only be admitted through a recommendation from their attending physician.

The goal of the program is to provide a therapeutic atmosphere that assists patients with self-care and helps them with independent functioning.

The TCHS philosophy of care for patients participating in the program includes, but is not limited to:

- Patient assistance designed to provide comfort and support.
- Patient and/or family education to assist patients in attaining a maximum degree of independent functioning.
- Emotional and spiritual support for the patient regardless of race, color, national origin, creed, sex, disability, or age.
- Planning of care to coordinate the patient's medical regimen, nursing care, and rehabilitative services.

## *Why use Swing Bed care?*

Swing Bed offer patients, family members, and care providers a unique opportunity to enhance and strengthen the healing process. Swing beds allow improvements to the quality of care for patients in rural areas as rural patients can return home for continued treatments.

Specifically:

- Swing Beds allow family and friends to be more closely involved in the rehabilitative process and recovery periods.
- Psychologically and emotionally, Swing Bed admissions are less traumatic and threatening to patients.
- Swing Beds allow the patient to return to the community, people, and support systems to which they are comfortable.
- Swing Bed admissions offer hope for each patients' continued recovery and return to independent and functional living.

## *Covered Services*

- Nursing care 24 hours a day is provided to assist, encourage, and plan toward restoring as much independence as possible.
- Room and board.
- Services of a registered dietitian in providing special diets as ordered by the physician, and supervising menu selections.
- Rehabilitation services such as physical, occupational, respiratory, and speech therapy when ordered by a physician.
- Drugs, medical supplies, blood transfusions, laboratory services, and the use of appliances furnished by the program during the stay.
- Services of the hospital's activity director and discharge planning coordinator.
- Wound care and IV therapy.

*Note: Your individual coverage will depend on how long you meet the criteria.*



*We are here to give you the best care, right here at home.*