

COMMUNITY HEARTBEAT

THE OFFICIAL NEWSLETTER OF



Exceptional Health... Close to Home

2018 Employees of the Month



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 **Thayer County Health Services**

Exceptional Health... Close to Home



Reduced Price Lab Event - Largest Ever in a Day!

Our Spring Reduced Price Lab Event was our largest ever in one day. TCHS staff completed a record-high of 255 lab draws. TCHS hosts a reduced price lab event to help those who may not have insurance or the cost of labs is too high and not covered by their insurance. We believe everyone should be knowledgeable about their health and reduced price lab events are one of many ways we help the community stay on top of their health!



Pictured L to R: Nicole Hamik, Radiology Tech and TCHS patient, Kate Hartley at the Spring Reduced Price Lab Event

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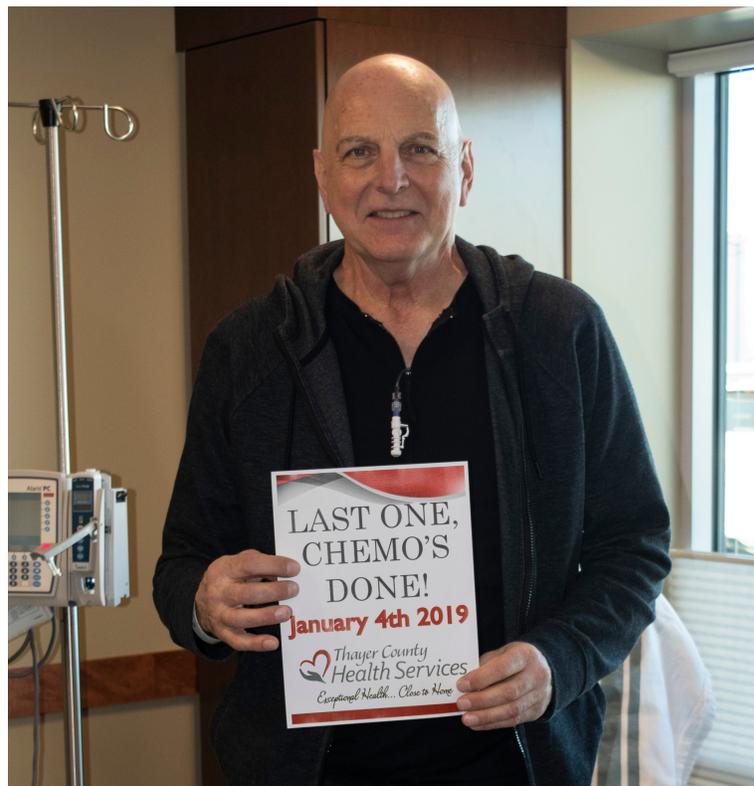
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Hope & Healing

Larry Degenhardt - Hebron, NE

Larry Degenhardt of Hebron had his life take an unexpected turn when he began experiencing stomach pain and scheduled an appointment at the Hebron Medical Clinic with Dr. Bryan Hubl. Dr. Hubl found a cancerous lump in Larry's colon and shortly after, Larry was scheduled for surgery. One of the main reasons Larry chose to have his surgery at Thayer County Health Services was because the staff treated Larry with respect and made every interaction personal. **"I had a previous condition where I went to a specialist in Lincoln and I felt so uncomfortable. They just ran us through the process and some of the staff was unprofessional. I haven't experienced anything like that at Thayer County Health Services, they are just so caring and make me feel like a person instead of a number. The treatment has been exceptional and so much more personal,"** Larry explained. **"We are constantly recommending Thayer County Health Services to others. When we see others in the area who have cancer, we recommend that they get their treatment at Thayer County Health Services. The convenience of care goes a long way, not to mention that the staff is really caring. I feel like we are getting the same level of care as we would in a city like Lincoln."**

To eliminate as much cancer as possible, Larry underwent a resection where one-third of his colon was removed during surgery right here at Thayer County Health Services with one of the visiting specialists, Dr. Growney. **"I felt very comfortable having surgery here. It is close to home and I know a lot of the doctors and nurses at Thayer County Health Services,"** Larry said, smiling. After surgery, Dr. Growney felt very confident that



all of the cancer had been removed, but as a precautionary measure, he recommended Larry receive chemotherapy treatment. In August 2018, Larry underwent precautionary chemotherapy treatment at the recently renovated TCHS specialty clinic administered by Specialty Clinic nurses, Kendra Else, RN and Marla Heitman, RN. **"The best part about receiving treatment here would be the nurses and being able to receive treatment close to home. Getting care at Thayer County Health Services made life so much easier and simpler. I don't have to drive out of town or find rides to my appointments. My wife would've had to take off work to take me to treatment and since she doesn't, it has made life so much more comfortable for all of us."**

Those who know Larry know that he isn't a man of many words, but it is clear to see how much the one-on-one care means to him. **"The nurses and Dr. Hubl go the extra mile for me. Marla and Kendra call me to remind me of my appointments and ask me how I am doing on a weekly basis. Dr. Hubl will stop and talk to me in the hallway and ask how I am doing. The care I've experienced at Thayer County Health Services is more personal here than anywhere else I've been."**

CEO CORNER

Dave Burd, MHA, FHFMA
Chief Executive Officer



Thayer County Health Services (TCHS) takes a lot of pride in being YOUR local health care provider and serving as the health care leader in our region. We not only want to meet your expectations but exceed them each and every time that you trust us with providing your health care services. At a time when the health care industry is full of uncertainty, TCHS is stepping forward as a leader.

Outstanding Providers and Staff

I have always said that TCHS' biggest strength is its employees. In this edition of the TCHS newsletter, our 2018 employees of the month are recognized for their outstanding achievements. If you have received outstanding customer service by a member of the TCHS staff and have observed someone exemplifying our values of respect, integrity, compassion, and excellence, I encourage you to complete an Employee Recognition Form (see the back of this newsletter) so he/she can be recognized. The TCHS team is exceptional, and I am in awe of their passion and dedication every day.

Strengthening our Leaders

It is a priority at TCHS to ensure that our employees are provided the necessary tools to be successful leaders, which enables staff to grow individually and TCHS to improve as an organization. TCHS has three staff members that are currently participating in the Nebraska Hospital Association's Leadership Institute that allows participants to improve their leadership skills. To further demonstrate our commitment to strengthening our internal leaders, we recently created the TCHS Leadership Academy, which will begin in May. This innovative program was created by TCHS (in collaboration with a consultant) and will focus on a different principle of influential leadership each month. Over twenty TCHS employees will be participating in the program that will take place through December.

Progressive Organization

TCHS was recently re-designated by the Nebraska Department of Health and Human Services as a Level IV Trauma Center. TCHS is the only Level IV Trauma Center in the region, which emphasizes our commitment to providing high

quality care in trauma events. The TCHS trauma team stands ready to act in emergency situations.

TCHS has worked hard in recent months to enhance the services that are available to you close to home. New services that have been added include Oncology (chemotherapy); ear, nose, and throat (ENT); pain management; behavioral health; and 3D mammography. We are continually evaluating new potential services in an effort to make obtaining high quality health care services as convenient as possible for you and your family.

Community Support

TCHS is extremely fortunate to have a significant amount of community support. To be clear, our success is the result of your support. Over the last few months, several patients and employees have stepped forward to give testimonials in regard to their experiences at TCHS. For those of you that have done a testimonial, please know that it is greatly appreciated! The patient and employee testimonials can be found on the TCHS website (thayercountyhealth.com) under the headings of "Patient Testimonials" and "Careers."

I am constantly amazed at what has been achieved by the TCHS Foundation and Guild. From experience, I know that we are very fortunate to have all of the support that we receive from both the Foundation and Guild. The TCHS Guild recently surpassed the \$1 million fundraising goal, which is phenomenal! The passion and dedication that is demonstrated by Guild volunteers is awesome!

TCHS will continue to be innovative and progressive and serve as a health care leader in our region. Amazing things are happening at TCHS, and we are just getting started. With your support, there is no limit to what can be accomplished. As always, your comments and feedback are always welcome. Thank you for your support!

Updated Clinic Schedule

Thayer County Health Services (TCHS) is proud to provide Thayer County and the surrounding communities with high quality compassionate healthcare. The TCHS medical staff of: Dr. Bryan Hubl; Dr. Leann Heinrichs; Maggie Johnson, PAC; Wendy VanSkiver, PAC; and Jarie Sones, APRN-FNP; are here to care for you at the hospital and clinic in Hebron and the four medical clinics in Bruning, Chester, Davenport, and Deshler.

Five Clinic Locations to Serve You

BRUNING CLINIC
 108 S. Fillmore • 402.353.2055
Tuesday Mornings
Thursday Afternoons

DAVENPORT CLINIC
 105 Linden Ave. • 402.364.2105
Monday Mornings
Wednesday Afternoons

HEBRON CLINIC
 120 Park Ave. • 402.768.7203
Monday through Friday
& Saturday Mornings

CHESTER CLINIC
 116 Huron St. • 402.324.7107
1st and 3rd Wednesday
Mornings of the Month

DESHLER CLINIC
 615 4th St. • 402.365.7604
Monday Afternoons
Thursday Mornings

www.ThayerCountyHealth.com



Nebraska Hospital Association Leadership Institute

The Leadership Institute's mission is to advance the effectiveness of hospitals by providing a quality environment for professional development, support and personal growth for health care leaders. Each year, approximately 40 health care professionals from across Nebraska come together for a 10-month program designed to instruct, inspire and invigorate. Participants in the NHA Leadership Institute improve their leadership skills and enhance their effectiveness in the health care field while preserving the care and compassion critical to quality health care delivery.

The Leadership Institute is made up of a comprehensive curriculum that combines core leadership competency working sessions and multiple layers of applied practice in health care. Participants have expert faculty to guide them through the program. Knowledgeable professors from Bellevue University are ready to steer participants toward professional success and engage them on the pressing issues hospitals encounter. These experts are drawn from diverse departments of the University including management, human services, leadership development, business administration, and health care administration.

2019 Thayer County Health Services participants include: Mike Dougherty, Facilities Director; Marla Heitmann, RN, Specialty Clinic Supervisor; and Haley Ridder, Revenue Cycle Director.

Thayer County Health Services 2018 Employees of the Month



Dave Burd, CEO & Susie Wiedel



Kimberly Brennförder, RN & Dave Burd, CEO



Marissa Wagenblast, CPhT & Dave Burd, CEO



Dave Burd, CEO & Michelle Dick, RN



Jamie Houser, LPN & Dave Burd, CEO



Brian Shahan & Dave Burd, CEO



Dave Burd, CEO & Michael Logsdon, Pharm D



Dave Burd, CEO & Kim Ruhnke, LPN-C



Dave Burd, CEO & Kim Francis, RN



Dave Burd, CEO & Colleen Yoachim



Dave Burd, CEO & Nicole Bohling



Pictured L to R: Teddy Bear Clinic participants and Jarie Sones, APRN-FNP



2019 Teddy Bear Clinic



Pictured L to R: Teddy Bear Clinic participant and Haley Weidel, RN

On March 13, Thayer County Health Services held its annual Teddy Bear Clinic, sponsored this year by a generous Thrivent grant on behalf of TCHS employee Jolene Beckmann. The Teddy Bear Clinic invited children to schedule an appointment for their favorite stuffed animal. Each child experienced the check-in process first hand as they told the volunteer how their stuffed animal was feeling and why it needed an appointment. The answers ranged from broken legs to being tired from too much candy.

Up first was a trip to the lab where they learned about good and bad bacteria, watched their animal receive a blood draw and were able to see how an infrared vein finder is used. Unfortunately, the device only detected stuffing, but some brave volunteers offered up their arms to see their own veins and the reactions were priceless.

The next stop took them to a hand-washing station where they had “germs” in the form of lotion that shows up under a black light placed on their hands. Each child washed their hands and then returned to the black light to see all the spots they had missed. A resounding “ew” had many returning for a second trip to the sink to re-wash their hands. After that enlightening experience, the group traveled down the hall to visit radiology where they saw just how easy it is to receive an x-ray and even took a copy of their stuffed animal’s x-ray home.

A trip across the corridor to the clinic led them to immunizations where their stuffed animal was administered a shot and received a cool band-aid in return. After receiving a sticker for being so brave, they met Jarie Sones, APRN, Family Nurse Practitioner, to examine the eyes and ears of their animals.

Once the stuffed animals were patched up and given a clean bill of health by Jarie, the stuffed animals and their owners said goodbye knowing that the hospital isn’t a scary place to go but will keep them healthy and they’ll walk away with a cool sticker.

A special thank you to Sgt. Tim Pickering for conducting car seat checks, Jolene Beckmann for her Thrivent grant and volunteerism, all of the staff and volunteers that manned their stations and led the groups around, and the Thayer County Health Services Baby Friendly Group for their help in planning and running the clinic.

2018 Babies "Birth"day Party

In 2018, TCHS had 31 babies born at the hospital. The mothers enjoyed our recently renovated Labor and Delivery Rooms. Each year, TCHS hosts a baby "birth"day party to celebrate all of the babies born at the hospital. Attendees were entered into a raffle for diapers, played games, ate some snacks and enjoyed a Kindermusik session where parents and babies participated in activities centered on music and movement education. Thank you to all who came and helped!



Thayer County Health Services

"LATCH & LEARN" BREASTFEEDING SUPPORT GROUP

(IF YOU WILL BE ATTENDING, CALL 402-768-7203 TO RSVP)

2ND THURSDAY OF THE MONTH
6:30 PM - 7:30 PM

CAFETERIA CONFERENCE ROOM



Join other moms and their babies as we share successes, challenges, and breastfeeding tips! The group will be facilitated by two Certified Lactation Counselors from TCHS.



Care you know, Care you can trust.



Dr. Heinrichs and Dr. Hubl are both Family/OB physicians. Call to make an appointment today!

Thayer County Health Services provides prenatal, labor and delivery and well-child care.

"After having our first child at Thayer County Health Services, three things stood out to us. First, it is reassuring to know our providers are minutes away in case we need them. Second, the nursing staff was quick to respond and listened to what we wanted. Lastly, and most importantly, the entire staff was invested in the welfare of our child and continues to be invested to this day."

- Megan and Cody Pachta discussing the birth of their son at Thayer County Health Services.



Am I Providing My Body with the Right Kind of Fuel?

Written by: Whitney Miller, Wellness Director

Eating a balanced diet isn't always easy, especially during winter months when certain fresh fruits and vegetables aren't in season or when we are on the go. The USDA recommends that we eat four to six servings of fruits and vegetables every day. Statistics show, however, that over 85% of Americans eat less than four servings of fruits and vegetables each day. Eating the recommended amount of fruits and vegetables provides our bodies with essential vitamins and minerals they need to function properly. Adequate fruit and vegetable intake also reduces the amount of calories we take in from less healthy food sources such as saturated and trans fats, and foods high in sodium and cholesterol – all of which have negative effects on blood pressure and contribute to chronic diseases such as diabetes and heart disease.

So how can I get more servings of fruits and vegetables? Great question. When fresh fruits and vegetables are not always available, frozen, canned, and dried fruits and vegetables are excellent options. When looking for canned fruits, look for those with no added sugars or syrup, and look for canned vegetables without added sauces, salt, or butter. Dividing fruits and vegetables up into individual containers or seal-able baggies is also a convenient way to grab a quick snack or lunch component on the go. Readily prepared fruits and vegetables are more likely to be eaten and can help ensure you're eating the right serving size. So next time you pack your lunch from home or grab a snack, reach for that bag of carrots or grapes instead of those cookies. Who knows, maybe you'll find yourself progressing toward a healthier weight and feeling more energetic throughout the day!



Whitney Miller, Wellness Director

TCHS is the Only Level IV Trauma Center in the Region

Thayer County Health Services is proud to announce our re-designation by the Nebraska Department of Health and Human Services Office of Emergency Health Systems as a Basic Level (Level IV) Trauma Center for another four years. Thayer County Health Services is the only Level IV Trauma Center in the region and prides itself on its commitment to provide quality care to trauma patients. This achievement recognizes TCHS' dedication to providing optimal care for patients who experience a traumatic event, such as a motor vehicle accident, fall, sports injury, drowning, or physical assault.

"At Thayer County Health Services, we are committed to providing excellent care for all patients, including trauma patients. As a critical access hospital in rural Nebraska, we are not immune to trauma-related events and injuries," said Jamie Koch, RN, Chief Nursing Officer. "As a trauma designated hospital, we are committed to providing ongoing education and tools to our staff in order to provide the best care possible to all patients, especially those patients involved in a trauma related event."

Trauma centers are hospitals with resources immediately available to provide efficient surgical and medical intervention to reduce the likelihood of death or disability to injured patients. Accredited trauma centers must be continuously prepared to treat the most serious life-threatening and disabling injuries. Trauma centers across the United States are identified by a designation process and a verification process. The different levels (i.e., Level I, II, III, IV or V) refer to the kinds of resources available within a trauma center and the number of patients admitted yearly. A Level 4 trauma center provides advanced trauma life support prior to the transfer of patients to a higher-level trauma center and provides evaluation, stabilization, and diagnostic capability care for trauma patients.

The elements of a Level IV Trauma Center include:

- Basic emergency department facilities to implement ATLS protocols and 24-hour laboratory coverage. Trauma nurse(s) and physicians available upon patient arrival.
- May provide surgery and critical-care services if available.
- Has developed transfer agreements for patients requiring more comprehensive care at a Level I or Level II Trauma Center.
- Incorporates a comprehensive quality assessment program
- Involved with prevention efforts and must have an active outreach program for its referring communities.

Our trauma team continues their education on an ongoing basis through courses such as trauma to the abdomen, emergency trauma assessment, trauma in the elderly, emergency stabilization and transfer and much more. "Being a Trauma Center is important to our facility and our community because it improves our care for our patients. Michael White, RN, Dr. Hubl, and I work closely with our local EMS departments and meet with them quarterly to discuss any updates or issues. We also do community outreach and education for the public and the schools as part of our trauma designation," said Ranae Vorderstrasse, RN, Trauma Nurse Coordinator for Thayer County Health Services. "As a whole, I feel the trauma program has greatly improved the care of our patients and helps quickly get them to a higher level of care if needed."

There are 49 trauma centers in Nebraska, and Thayer County Health Services' re-designation enhances the care of injured patients in Nebraska's rural regions. Each trauma center, regardless of its level, is an integral component of the emergency medical services system. Thank you to all our staff, especially our trauma team, for all of their hard work and dedication to providing exceptional healthcare close to home.



L 2 R: Jamie Koch, RN, Chief Nursing Officer, Michael White, RN, Paramedic, Ranae Vorderstrasse, RN, Trauma Nurse Coordinator, Dave Burd, Chief Executive Officer

New Service: Chronic Pain Management

Thayer County Health Services is excited to announce that Dr. Daniel Wik, Physiatrist (also known as a Pain Management Specialist), will be joining our Specialty Clinic Staff in February 2019. Dr. Wik began his career as a chiropractor and maintained a successful chiropractic practice for over ten years. After completing medical school, Dr. Wik worked as the Medical Director of Faith Regional Health Services Acute Rehabilitation Unit. From there, Dr. Wik went on to work with Midwest Pain Clinics serving at Omaha Surgery Center, Immanuel Medical Center, and Bergan Mercy Medical Center. For the past eight years, Dr. Wik has founded and ran My Pain Doc, an interventional pain and medication management clinic dedicated to relieving patients of their pain.

Physiatrists are physicians who specialize in helping patients with disabilities. Their focus is rehabilitation, restoration of function and a return to a high quality of life. Patients may have muscle, bone, soft tissue or nervous system injuries. Sub-specialists include sports medicine specialists and pain management specialists.

Pain management doctors specialize in caring for patients who are dealing with chronic pain, whether resulting from injury, disease or otherwise. Dr. Wik creates customized pain management plans for patients that may include therapy, medication management, or minimally invasive procedures. When creating a customized pain management plan, Dr. Wik will evaluate the patient and their medical history, in addition to performing tests to arrive at a precise diagnosis.

As an interventional pain management specialist in Nebraska, Dr. Wik focuses on relieving chronic pain in patients. Interventional pain specialists offer pain relief by blocking or interrupting the transmission of neurological pain signals in the brain. Dr. Wik may perform treatments such as spinal cord and nerve stimulation, nerve or medial branch blocks, medication management, or the implantation of drug delivery systems.

Physical medicine & rehabilitation specialists, or physiatrists, are doctors who specialize in helping patients rehabilitate from injuries or complications of disease. This could include coming back from a broken leg, or an aging grandmother dealing with arthritis. Dr. Wik may employ a range of treatment & rehabilitation techniques, including physical therapy, occupational therapy, and nerve stimulation treatments, among others.

Thayer County Health Services hopes you will join them in welcoming Dr. Wik. He will hold a Pain Management Clinic in Hebron once a month, beginning March 19. For more information, please call the Thayer County Health Services Specialty Clinic at 402-768-4696.



Dr. Daniel Wik, Chronic Pain Management Specialist

2019 New Year's Baby



Photo: Back row L2R: Jamie Koch, Chief Nursing Officer; Dave Burd, Chief Executive Officer and Ranae Vorderstrasse, RN
Front Row L2R: Jordan Wagner, Emery Wagner and Michael Wagner

The 2019 New Year's baby for Thayer County Health Services is Emery Ellen Wagner. She was born on January 20th, 2019, at 11:28 am by Dr. Bryan Hubl. Baby Emery weighed 8 pounds and was 19.75 inches long. Emery's parents are Jordan and Michael from Bruning.

A basket for the New Year's baby was presented to Emery's parents by David Burd, TCHS Hospital Administrator. The basket was overflowing with items from the following businesses and organizations: Amanda's Cottage, The Bottle Shop, Bruning State Bank, By Design, Burp Rags made by Naomi Grupe, Central Market, Citizen State Bank, D's Daylight Donuts, Dageforde Insurance Agency, Deshler Chamber of Commerce, The Deshler Rustler, Dick Walsh Insurance Agency - State Farm, Fairbury Journal News, Fleece blanket made by Amanda Hofts, Hebron Chamber of Commerce, Hebron Journal Register, Landmark - John Deere, Majestic Theatre, Mylah Rose Boutique, Noel Photography and Design, Corn Rows Quilt made by TCHS employees and sponsored by the TCHS Hospital Guild, Priefert Pharmacy, Reinke Manufacturing Co., Roehr's Machinery, Thayer County Bank, and True Value Hardware – Hebron.

Thayer County Health Services would like to thank everyone that contributed to the New Year's baby basket.

Thayer County Health Services Receives Two Thrivent Grants

Thrivent Grants are a way for members to give back to their communities. Thayer County Health Services has been fortunate to receive not one, but two this year from our employee Jolene Beckmann. She gave a grant to our Teddy Bear Clinic and another for Chemotherapy Kits for our patients receiving chemotherapy here at TCHS. Additionally, a third Thrivent grant from Shari Fischer, at Bruning State Bank, helped Thayer County Health Services provide active shooter training to teachers and students at all of the schools located in Thayer County. The Thrivent Choice charitable grant program engages Thrivent members in providing grants that support charitable activities. In 2017, Thrivent directed \$104 million to people in need, churches and other nonprofits, and Thrivent members helped raise \$176 million more. That's \$280 million in total outreach.



THRIVENT
FINANCIAL

Guild Hits \$1 Million Mark

*Written by: Rita Luongo,
Development Director*

Thayer County Health Services (TCHS) is fortunate to have so many volunteers who freely give their time and talents to help support our mission. Of these volunteers, no group has been around longer or been more successful than the TCHS Hospital Guild. April is Volunteer Appreciation month and is the perfect time to celebrate the Hospital Guild reaching over \$1 million in fundraising. This milestone is truly amazing when you consider that they achieved this through the sale of items in their thrift shop, bakes sales and raffles.

Our Guild members are involved in projects costing thousands of dollars such as the purchasing of medical equipment, and their help extends throughout the county to the satellite clinics and touches all of the communities. Now in their 69th year, the Thayer County Health Services Guild is still proud to state their work is still done entirely with volunteer help. This past year, current Guild President, Carol Krueger, estimated 7,300 hours were donated by volunteers in the back and the front of the Things and Stuff Thrift Shop. Last year, the Guild's donations to Thayer County Health Services totaled \$60,219.52. The Guild also provides two \$500 Scholarships a year to two students pursuing a career in healthcare.

In addition to the monetary value their volunteering has had on local healthcare, there are many health benefits associated with volunteering. It is a proven fact that volunteers can make a big difference in their communities and that volunteering can have a positive impact on overall health. When researchers at the London School of Economics examined the relationship between volunteering and happiness in a large group of American adults, they found the more people volunteered (compared to people who never volunteered), the happier they were.



Pictured L to R: Back row: Anita Betten - Contact for Ruskin, Mary Rauner - Treasurer, Pat Kubes - Contact for Hubbell, Yvonne Long - Special Projects, Ruth Kripal - Contact for Hebron, Audrey Else - Vice President, Kris Miesner - President Elect, Helen Boman - Special Projects. Front row: Cassie Wilbeck - Vice President, Eileen Asche - Vice President, Carol Krueger - President, Connie O'Hanlon - Secretary, Edna Johnson - Vice President

Sometimes, with busy schedules, it is not always easy to find time to volunteer. The reality is we all have the same amount of time; we just choose to spend it differently. When it comes to finding time to volunteer, it is important to remember the benefits can be enormous for you, your family, and your community. The right match can help you meet new friends, improve your community, and help you learn new skills. Volunteering can have a positive impact on both your mental and physical health.

Thayer County Health Services (TCHS) truly appreciates the support they receive from all their volunteers, but especially those involved with the TCHS Hospital Guild. It is humbling to know so many volunteers are working hard every day to help us improve local healthcare.

During Volunteer Appreciation month, please take the time to tell them thank-you for all they do. Guild membership is open to both men and women, and the employees of Thayer County Health Services are all members. We encourage anyone with an interest in the Guild to join or volunteer. Activities include the Things and Stuff Thrift Shop, annual Bake Sale, Quilt Raffle, Lights of Love Tree, help with the Foundation's events and volunteering at events at the hospital throughout the year. For more information how you can get involved with the TCHS Hospital Guild contact Carol Krueger, Hospital Guild president at 402-768-2554.

TCHS Board of Directors

- Loren Wiedel- Board Chair
- Karen Dahlkoetter- Board Vice Chair
- Laura Tuma- Board Treasurer
- Elisabeth Heitmann- Board Secretary
- Connie Lichty- Board Member At Large



4 Person Scramble Golf Tournament
Reserve your team today 402.768.4636
Hebron County Club, South 1st St., Hebron, NE



Did you know that when you have your annual wellness check at TCHS you will receive a free day pass to our Korff Fitness & Wellness Center?

Specialty Clinics

At TCHS, we bring the specialists to you. We offer Arrhythmia, Cardiology, Cataracts, Chronic Pain Management, Ear, Nose and Throat, General Surgery, Oncology, Orthopaedic, Podiatry, Women's Health, Wound Care, Urology, and Vascular clinics, with surgeries and post-op rehabilitation provided in-house. Thayer County Health Services, your one-stop shop for specialty healthcare.

Meet Our Specialty Providers



Arrhythmia



Virginia Unverferth, APRN
Cardiology Cont.

Cardiology



Dr. Kaliprasad Ayala
Ear, Nose & Throat



Dr. Mathue Baker
General Surgery



Dr. Anuj Jain



Dr. Matthew Johnson



Dr. Joseph Kummer



Dr. Omar Nass



Dr. Keith Miller
Pain Management



Dr. James Weekly
Podiatry



Dr. Daniel Growney
Vascular Surgery



Dr. Ye Ye



Dr. Robert Warner
Urology



Dr. Barry Bohlen



Dr. Patrick Hurlbut



Dr. Daniel Wik



Dr. Kara Krejci



Dr. Heidi Hansen



Dr. Allie Sohn



Dr. Tara Kirkpatrick



Dr. Tyler Adam



Dr. Edmundo Rivera

Oncology & Hematology *Orthopaedics*
Women's Health & OB/GYN *Wound Care*