

Personal Fitness Training

A HEALTHIER, FITTER YOU IS JUST AROUND THE CORNER!

Choose a workout that's suited to your needs and lifestyle!

SIGN UP NOW BY CALLING US AT (402) 768-4320.

OLIVIA BRUEGGEMANN, CERTIFIED PERSONAL TRAINER

HOURLONG SESSION

\$30 FOR MEMBERS

\$45 FOR NON-MEMBERS



THAYER COUNTY HEALTH SERVICES

**KORFF FITNESS
& WELLNESS CENTER**

HALF-HOUR SESSION

\$20 FOR MEMBERS

\$30 FOR NON-MEMBERS

